ALPINE LEAGUE'S STATE SKI CHAMPIONSHIPS

State Event Guide



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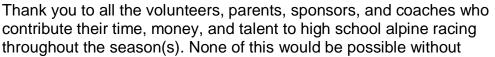


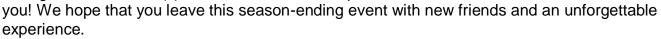
March 5th – 7th, 2024 – Mt. Ashland, Oregon

Hosted by OISRA's Southern League (SOSEF)

2025 State Alpine Championships

Welcome to the 2025 Alpine League's State Ski Championships! This year the Championships will be hosted the Southern League (SOLAR). We congratulate you for qualifying for these championships and anticipate that this will inspire, challenge, and ultimately reward you with many fond memories!





Use this Event Guide as your key to the event. It should answer most of your questions, whether you are a coach, race participant or race volunteer. If not, please do not hesitate to phone or email us before the event, or visit us at Race Head Quarters at the time and locations listed in the Event Schedule

Your race host is offering a dedicated website at: <u>www.alpinestaterace.org</u> where you can quickly access important information. This is the best place to receive the most up to date information regarding the State Championships.

Let's all work together to make this a great event!

Brían Mateja State Race Chair – Southern Ski League <u>brian@sosefskier.com</u>

Gary King Southern League Head Coach <u>gking541@charter.net</u>

Brook Binstock Registration Administration <u>alpine_admin@oisran.org</u>

2025 State Championship Race Committee (SCRC)

Brian Mateja – Southern League – State Chair Todd McNabb – OISRA Commissioner Erin Levene – OISRA Vice President & Central League Coach



GENERAL INFORMATION

Event Location – Mt. Ashland, Oregon www.mtashland.com



Event Venues – GS Race: Upper & Lower Tempest Runs (Aerial Chairlift) & Slalom Race: Lower Winter Run (Windsor Chairlift)

Lift Passes – Lift passes for the General Public will be available on the Mt. Ashland website <u>www.mtashland.com/lift-tickets</u> (link may not be open at the time of this publication.) For more information on Athlete, Coaches and Volunteer passes, please see the appropriate sections in this guide.

Racer & Team Onsite Check-in –

Pick your day and time.

- Tuesday, March 4th at the Ashland Hills Hotel from 6:00 pm-8:00 pm
- Wednesday, March 5th at *Mt. Ashland* from 7:30 am–3:00 pm First Floor, Main Lodge.
- Thursday at March 6th at *Mt. Ashland* from 7:30 am–9:00 am First Floor, Main

Liability Waiver – All Coaches and Volunteers must complete a Mt. Ashland "Liability Release," form. Forms available for download at the State Race Website. This waiver must be presented before receiving a lift pass. NO EXCEPTIONS-MANDITORY. Athlete waivers will be done during online ticket purchase.

Live Race Results – All races will be broadcast on <u>www.LiveTiming.com</u> for real time race results.

Free Racer Social – Wednesday, March 5th at the Historic Ashland Armory, time 6-8 pm 208 Oak St, Ashland, OR 97520 <u>www.historicashlandarmory.com</u> Event Theme: "Retro Skier" Food and entertainment will be provided. Raffle Prizes, must be present to win!

Awards Ceremony – Historic Ashland Armory time, 6–8 pm Special Guest Speaker Laurenne Ross, Former World Cup skier and two time Olympian from Mt Bachelor! Food will be provided by Casa Amiga (best Mexican Restaurant in the Valley), \$20 for a hot buffet, with soft drinks included. You must pre-order during athlete registration.

Lodging and Transportation – Race participants must arrange their own lodging and transportation to the venues.

Merchandise – All pre-ordered merchandise will be handed out at the time of school check-in. There will be limited quantities for sale during check-in at Ashland Hills and Mt. Ashland lodge.

Important!! Spectator information -

- All spectators, including those needing to walk to the venue, will need to purchase lift tickets through Mt Ashland.
- Uphill travel to the venues will be limited and has the potential to change at any time based on the needs of mountain operations, ski patrol and conditions beyond our control.
- Foot traffic between the venue bases and lodge will be limited to the following windows: 9:00am-10am, 12:00pm-1:00pm, and 2:00pm-4:00pm.
- Foot traffic to and from the venue bases is limited to the marked corridor.
- Please be aware the walk to the race venues is not handicap accessible, plan on at least a 15 minute walk across potentially uneven and slippery conditions. There are no restroom facilities outside of the lodge.
- Caution: There are no bathroom facilities at the race venues. Please note the restricted travel times.

LODGING RECOMMENDATION



Ashland Hills Hotel and Suites

Discounted rooms have been reserved: Visit www.AshlandHillsHotel.com

- Chose dates of stay between March 4 and 7 (those who want to stay extra nights we ask to call our hotel directly at 541-482-8310 and ask for the Oregon Interscholastic Ski Race Championship group discount)
- Plug in the following **GROUP ID #705959**
- \$129 for Double-Double Suites
- \$109 for King and Queen-Queen rooms
- Daily breakfast is included, available at 6 am to accommodate racers and families

There are several restaurants within walking distance.

Note: This will be the venue for the officials, coaches & gate judges meeting, off mountain registration and ski tuning room.

COACHES INFORMATION

Note: Be prepared, there will be a short window of time between your last race and these deadlines!

Team Online Registration (Head Coach) – <u>Teams will NOT register online this year.</u> The main purpose was to capture your gate judges. This will now be done via submission of your team start orders. Please be prepared to submit your gate judges when you send in your start orders. Remember you are required to provide gate judge(s) if you have a team (3 or more each gender), one gate judge per gender. You will need to submit a name, email and cell number.

Coaches Lift Passes - Coaches will need to pre-register at the time of submitting your start orders for complimentary lift passes. These lift passes will be good for Wednesday, Thursday & Friday.

Coach complimentary lift passes are issued on a "per school" basis allocated according to the gender and size of the team. A school that only qualifies one racer is still entitled to assign a coach to follow that individual racer. That coach will be issued a comp pass. A school with one girl racer and one boy racer is entitled to assign a separate coach to follow each racer and each of these coaches will be issued a comp pass.

- Each school with 3 or more racers = 2 comp coach passes.
- Each school with a girl's team, and a boy's team of 3 or more racers of each gender = 4 comp coach passes.
- Each school with 1 or 2 girl racers = 1 comp coach pass
- Each school with 1 or 2 boy racers = 1 comp coach pass

Note: Coaches lift passes are for coaches only. If you or your coaches have a season pass please do not request lift passes for others.

Liability Waiver – All Coaches must complete a Mt. Ashland "Liability Release," form. This from must be completed and turned in at the time of the school check-in. Forms available for download at the State Race Website and will be sent to head coaches along with the start order request form.

Team Start Orders – Your submission worksheet will be available for download at the state race website. <u>All Registration Deadlines are Thursday, February 27th at 7 pm, NO EXCEPTIONS.</u>

Start Order Worksheet:

- Worksheets will also be emailed to each coach by the race administrator.
- If you need a Google Excel link instead of an Excel workbook please contact Mike McManus.
- Upon completion, email the official State Start Order workbook form with your team or individual athlete's order of start and leagues qualifying position.
- Include Gate Judges as needed.
- Include Coaches Pass(s) request.
- Please return this via e-mail to: archerhit@frontier.com
- Deadline is Thursday, February 27th at 7 pm. No Exceptions

Mandatory Coaches' Meetings – All Meetings will be held at the Ashland Hills Hotel in the COSMOS Room

- <u>Wednesday</u>; March 5th at 8:00 pm
- Thursday; March 6th at 8:00 pm

Onsite Team Registration Check-in – All teams (and individual qualifiers) must check-in upon arrival. Please, only one representative per school! See schedule for times & locations.

At this time you will:

- ✓ Turn in your coaches Mt. Ashland Liability Release Form(s) (MANDITORY)
- Pick up your coaches lift passes (pass will not be distributed without signed release forms from all coaches.
- ✓ Submit your gate judge deposit. (Note: Gate Judge Deposits must be secured with a <u>check made payable to</u>: **SOSEF**
- ✓ Collect all pre-ordered Merchandise for your team
- ✓ Pickup racer Swag gifts

Note: Start orders & race schedule are available for download www.alpinestaterace.org

Note: The Gate Judges deposit is \$150 per race (SL or GS), per sex. This would be a total of \$600 for a school with both a boys and a girl's team. This check will be destroyed at the conclusion of the Championships Race if duty is fulfilled (unless specified otherwise.)

Note: Bibs will be distributed to the team (or individual racers) coach at the coaches meeting on Wednesday night. Racers will use the same bib number both days. If a racer is only racing one of the two days he/she will receive a bib assignment for that single day. Racers keep their bibs at the conclusion of the race.

On-Hill Training – Wednesday, March 5th is the registered training day. Training lane assignments are TBD.

Training Notes -

- Teams must provide their own gates.
- A coach or parent representative <u>must</u> be at the top of the course at all times.
- Courses must be pulled and slipped by the time indicated on the schedule.
- Helmets are <u>mandatory</u> for GS & SL training and racing (hard cover over ears and FIS certification required for GS).

Racer Social Chaperone – Each school must provide a chaperone to be onsite and available for the racer social.

Merchandise & Awards Meal Tickets - Coaches may purchase Race Merchandise and/or Awards night meal ticket (\$20) at the ACTIVE link provided here: <u>Link Here</u> (Link at state website too.)

- You will only be able to order during the active registration period February 25th thru 27th.
- Some merchandise will be available for sale at registration
- Dinner Tickets must be pre-ordered.

ATHLETE INFORMATION

Racer Online Registration – Racers will register online with the same site that they used to register for the regular season. Registration will open Tuesday, February 25th at 9 am. The registration deadline is Thursday, February 27th at 7 pm. <u>No Exceptions.</u>

Link for Racer Registration: Please see the State Race website.

Athlete registration fees for 2025 will be \$30

During the registration process you will also have the opportunity to order some optional items:

- Souvenir clothing (see below)
- Dinner meal voucher (\$20) for after the race on Friday *

* Food will be provided by Casa Amiga (best Mexican Restaurant in the Valley), \$20 for a hot buffet, with soft drinks included.

You must pre-order during athlete registration.

Lift Passes – Mt. Ashland will provide a 3 day lift pass for \$150. To purchase your lift pass please see this link: <u>mtashland.com/OISRAStateRace</u> (Line may not be available at the time of this publication.) Racers may purchase single day passes onsite for \$50.

Schedule of Events – Please familiarize yourself with the Schedule of Events located in this Event Handbook.

Racer Notes – Please be courteous and respectful to other athletes, volunteers, coaches, the public, and *Mt. Ashland* employees. Show your appreciation for all their hard work.

Familiarize yourself with the Mt Ashland train map prior to skiing. Remember that all athletes must adhere to the *Skier's Responsibility Code - Are You Aware*.

- Do not leave skis in non-designated areas outside of lodge. Mt. Ashland and the event organizers are not responsible for theft or vandalism of your equipment.
- Lift tickets or passes are required for all lifts at all times (training and racing).
- Helmets meeting FIS Specifications (see Alpine Race Rules, Section 2, Paragraph A., 5., f.) are required for all training and racing.
- NO FAST SKIING IN SLOW AREAS! This will result in loss of lift privileges.
- Bags and equipment must be kept out of walkway and off tables.

Racers Bibs – Bibs will be distributed to the team (or individual racers) coach at the coaches meeting on Wednesday night. Racers will use the <u>same bib number both days</u>. If a racer is only racing one of the two days he/she will receive a bib assignment for that day.

Your racer bib is considered a part of your race gear. Please remember to bring your bib to the race each day.

After the race has concluded you are free to keep your bib as a souvenir of your season's accomplishment!

Wednesday Night Athletes Social – Each race team, and racers who qualified as individuals, are invited and are encouraged to attend a free Wednesday Night Social at:

Historic Ashland Armory 208 Oak Street Ashland, OR 97520 www.historicashlandarmory.com

Food and entertainment will be provided. (6 – 8 pm) Event Theme: "Retro Skier" Raffle Prizes!

This opening event is certain to be a great time!

- You must be present to win any raffle prizes.
- Participating teams must provide an adult chaperone on the premises at all times. One chaperone per school.
- Zero drug and alcohol tolerance policy. Any infractions of OISRA rules regarding drugs or alcohol will result in disqualification. Do not put your team or yourself at risk.

Friday Night Awards Ceremony – Historic Ashland Armory time (6-8 pm)



Special Guest Speaker Laurenne Ross, Former World Cup skier and two time Olympian from Mt Bachelor!

Food option noted above.

Ski Waxing – Please see the daily schedule for times and location.

INFORMATION FOR OFFICIALS & VOLUNTEERS

Liability Waiver – All Volunteers must complete a Mt. Ashland "Liability Release," form to receive your lift pass for that day. Forms available for download at the State Race Website. To expedite your check-in, it is recommended that you download, sign and bring to the check-in desk. We will also have forms available onsite during check-in but this will cause delay.

Race Officials Meetings

<u>Wednesday;</u> March 5th at 7:00 pm, Ashland Hills Hotel - COSMOS Room 1 <u>Thursday;</u> March 6th at 7:00 pm, Ashland Hills Hotel - COSMOS Room 1

Mandatory Gate Judge Meeting –

<u>Wednesday</u>: March 5th at 7:00 pm, Ashland Hills Hotel - COSMOS Room 2 <u>All Gate Judges regardless of which day you are working are required to attend this</u> <u>Wednesday night meeting</u>.

At the gate judge meeting, gate judging responsibilities will be reviewed along with specific instructions related to this race. There will not be time to do this on the race mornings, so attendance at this meeting is mandatory.

Lift Pass - Race officials and volunteers will be issued lift pass for that race day at volunteer check-in prior to the race. (Note: must have signed mountain waiver.)

Race Volunteer Race Day Check-in – Check-in for officials, forerunners, gate judges, and other race workers, is at Race HQ at *Mt. Ashland* Lodge, 1nd Floor. Please see the Race Day Schedule for your check-in time. We have approximately 100 volunteers each day and your adherence to the schedule would be greatly appreciated! You will be issued a lift pass, lunch and appropriate equipment for your volunteer duty.

Hand Timers – Both GS and SL course hand timers must check in at the Timing Booth for the course you are timing at 9:15 am to receive instructions and equipment. Timers will proceed directly to their course positions; timers need to be at their positions 15 minutes before Forerunners are to run. See the race schedule below for times.

Forerunners – Please pick up your lift pass at the volunteer check-in desk. All forerunners should check-in with the Start Referee 60 minutes before the start of the race. The start referee will have your forerunner bib. Forerunner bibs must be returned each day after you have completed your second run forerun.

2025 STATE SOUVENIR CLOTHING

Sweatshirts, Quarter Zips & Long Sleeve T-Shirts & Trucker Hat – All souvenir clothing is professionally screen printed and features the official State Race 2025 logo. All items are unisex and sizes will be available in S, M, L, and XL sizing. Hats are embroidered and are adjustable, one size fits all.

Souvenir clothing items can be ordered by parents when they register their athlete online. Coaches can also order clothing items online with the special link for coaches or assistant coaches to order merchandise via the ACTIVE registration system.

All pre-ordered merchandise will be handed out to the team registrant at the time of the school check-in.

Heavyweight Cotton Sweatshirt - \$60





Long sleeve T-shirt is an athletic, quick dry nylon - \$35



Trucker hat, one size fits all - \$30



Note: Cap may vary slightly from picture.

2025 STATE PHOTOGRAPHY

- All skiers will be photographed, images can be viewed in individualized folders organized by bib number through the website: <u>Maddox Visual Productions</u> (https://maddoxvisualproductions.pixieset.com/)
- Photo packages, including entire albums, customized merchandise, and individual photos can be custom ordered through this website.

MOUNTAIN INFORMATION

Parking at Mt. Ashland – Mt. Ashland is located within the Rogue River-Siskiyou National Forest. Oregon "Snow Park Permits" are required. Annual Sno-Park Permits are \$25, 3-day (consecutive) Permits are \$9, and Daily Permits are \$4 if purchased through the Oregon DMV. Permits may be purchased at Mt. Ashland Ski Resort for \$6 per day. www.oregon.gov/ODOT/DMV/pages/vehicle/sno_park_permits.aspx

Mt. Ashland has 3 ways to eat and drink

- **Gemütlichkeit Grill**: serving burgers, chicken, pizza, and breakfast everyday from 8:30am close. Located on 1st floor of the historic lodge. Online ordering of our favorite items is now available
- **Balcony Bistro**: serving noodle bowls, walking tacos, and beer on weekends and holidays from 11am 4pm. Located on 2nd floor of the historic lodge.
- The T-Bar Lounge: a full service bar open daily from 9am close. Located on the 2nd floor of the historic lodge

Restrooms

Restrooms are located throughout the lodge and the locker room/ski patrol building.

Medical Facility

Medical attention may be sought by Ski Patrol at the Top of the Ariel Chair or at the Base Area in the Ski Patrol Office (Basement of the Locker Room).

Dogs/Pets

The Mt. Ashland "Base Area" is a "Doggie Free Zone". Dogs must remain in the parking lot on a leash.

Cell Phones

Cell phone service at Mt. Ashland is marginal. There are places on the mountain that have better service than others. Verizon, AT&T and US Cellular do have service and the Mt. Ashland lodge has free wi-fi.

MT. ASHLAND LIFT AND TERRAIN MAP



Padding, fencing, equipment covers and other marked devices and warnings are in place to inform and to indicate a potential obstacle or hazard. These markers and warnings WILL NOT protect you from injury. It is your responsibility to avoid marked objects and areas. Faster skiing means more risk of injury in collisions.

https://www.mtashland.com/mountain-statistics

SCHEDULE OF EVENTS

(Available for download at the State Race Website)

TUESDAY, MARCH 4TH

TIME	ACTIVITY	WHERE	WHO	COMMENTS
6:00p-8:00p	Registration Check-in	Ashland Hills Hotel	Coaches or Team Parent Rep	Turn in Gate Judge Deposit & receive coaches lift passes.

Wednesday, March $\mathbf{5}^{\text{th}}$

TIME	ACTIVITY	WHERE	WHO	COMMENTS
7:30a-3:00p	Registration Check-in	Mt. Ashland 1 st Floor	Coaches or Team Parent Rep	Turn in Gate Judge Deposit & receive coaches lift passes.
9:00a-4:00p	Training & Free Skiing	Mt. Ashland	Athletes & Coaches	Training schedule and venues TBD at check-in
5:00-9:00p	Ski Wax & Tuning	Ashland Hills Hotel Galaxy I	Coaches & Athletes	Bring your own materials
6:00-8:00p	Racer Social	Historic Ashland Armory	Racers & Chaperones	All athletes are invited. No Fee event.
7:00p-8:00p	Officials Meeting	Ashland Hills Hotel COSMOS Room 1	All Race Officials	Mandatory Meeting
7:00p-8:00p	Gate Judge Meeting	Ashland Hills Hotel COSMOS Room 2	All Gate Judges for both days	Mandatory Meeting
8:00p-9:00p	Coaches Meeting	Ashland Hills Hotel COSMOS Room 1	Head Coaches	Mandatory Meeting

THURSDAY, MARCH 6TH

7:30a-9:00a	Registration Check-in	Mt. Ashland 1 st Floor	Coaches or Team Parent Rep	Last Chance for school to check-in! Pick up all Pre-Ordered Merchandise
5:00-9:00p	Ski Wax & Tuning	Ski Wax & Tuning Ashland Hills Hotel Galaxy I		Bring your own materials
7:00p-8:00p	Officials Meeting	Ashland Hills Hotel COSMOS Room 1	All Race Officials	Mandatory Meeting
8:00p-9:00p	Coaches Meeting Ashland Hills Hotel COSMOS Room 1		Head Coaches	Mandatory Meeting

FRIDAY, MARCH 7TH

6:00p-8:00p	Awards Ceremony	Historic Ashland Armory	All	Congratulations to the Champions!
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SCHEDULE OF EVENTS

(Available for download at the State Race Website)

THURSDAY, MARCH 6TH AND FRIDAY MARCH 7TH, 2025

2025 State Championships - Race Day Schedule						
Thursday Girls GS & Boys SL - Friday Girls SL & Boys GS						
GS – Upper/Lower Tempest (Arial Lift via Windsor Lift), Slalom – Winter (Windsor Lift)						
TIME	ACTIVITY	WHERE	WHO	COMMENTS		
7:00 AM	Early Load Check-in	Main Lodge	Course Setters & Officials	Check-in Early Load Only		
7:30 AM	Early Load Course Setting	Windsor Chair Lift	Course Setters & Officials	Instructions at Officials & Coaches Meetings Wednesday Night		
8 - 8:30 AM	Course Crew Check-in	Main Lodge	All Race Course Crew	Pick-up lift passes and maintenance equipment.		
8:30 - 9 AM	Gate Judge Check-in	Main Lodge	Gate Judge	Meet Chief of Gates at 9:15 Load lift as a group		
9:00 AM	Lifts Open	Windsor Chair Lift	All Racers	Bibs must be worn		
9:00 AM	Jury Inspection	Both Courses	Jury	Jury Inspects Courses		
9:15 - 10:00 AM	Course	Both Courses	All Racers	Girls GS Thurs (SL Friday)		
	Inspection	Stadium Chair Lift	Run 1	Boys SL Thurs (GS Friday)		
9:30 - 10 AM	Substitutions Due 1st Run	Timing Hut	Coaches	This includes both GS & SL First Runs		
9:45 AM	Hand Timers	Timing Hut	Hand Timers	Meet for instructions & pickup equipment		
9:45 AM	Gate Judge Placement	Both Courses	Gate Judge	All Gate Judges must be in position by 10:10 am		
10:10 AM	Race Workers in Position	Both Courses	All Officials/ Gate Judges	Mandatory		
10:20 AM	Forerunners	Both Courses	Forerunners	1st Run		
10:30 - 12 PM	1st Run	Both Courses	All Racers	Bibs must be worn & displayed in racer fashion.		
12:15 PM	DQ Posting	LiveTiming & Timing Booth	Coaches	All protests due within 15 minutes of DQ Posting. Protest Filed with the TD		
12 - 12:30 PM	Course Reset 2nd Run	Both Courses	Coaches	This includes both GS & SL 2nd Runs		
12:15 - 1 pm	Substitutions Due 2nd Run	Timing Hut	Coaches	This includes both GS & SL 2nd Runs		

12:45 - 1:30 PM	Course	Both Courses	All Racers	Girls GS Thurs (SL Friday)
	Inspection		Run 2	Boys SL Thurs (GS Friday)
1:15 PM	Gate Judge	Both Courses	Gate Judge	All Gate Judges should be in
	Placement			position by 12:30pm
1:15 PM	Race Workers	Both Courses	All Officials/	Mandatory
	in Position		Gate Judges	
1:35 PM	Forerunners	Both Courses	Forerunners	2nd Run
1:45 - 3:15 PM	2nd Run	Both Courses	All Racers	Bibs must be worn and displayed in
				racer fashion.
3:30 PM	DQ Posting	LiveTiming &	Coaches	All protests due within 15 minutes of DQ
		Timing Booth		Posting. Protest Filed with the TD
3:45 PM	Jury Meeting	TBD	All Officials/	Mandatory
	if needed	Coaches Meeting	Gate Judges	

Notes

- Per OISRA rules, "racers are to wear their official start number (bib) visible in racing fashion while skiing from the time of distribution to the time of collection, except for starter area." Racers may keep their bibs following the races on Friday.
- The inspection method will be determined at the coaches meeting or prior to course inspection.
- Alternate Substitution procedures will be addressed at the coaches meeting
- DQ Posting and Protest procedures will be addressed at the coaches meeting

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